

Cycling

Table of contents

1 My latest bike.....	2
2 Transporting a bicycle with Aer Lingus.....	2
3 Cavtat (South of Dubrovnik, Croatia) to Triblinje (Bosnia Herzegovina).....	3
4 Cavtat (South of Dubrovnik, Croatia) to Igalo (Serbia and Montenegro).....	3
5 Cavtat (Croatia) to Dubrovnik (Croatia).....	3
6 Munich (South Germany) to Dachau Concentration Camp(South Germany).....	4

Cycling is such a great sport and a great way to keep fit. Lately i've got into the habit of bringing my bike on holidays with me. Below you can see how to bring a bike abroad with you and some of the routes I have cycled.

1. My latest bike.



Cannondale R500

2. Transporting a bicycle with Aer Lingus

- 1. Contact the customer support line of the carrier in good time to book a spot for your bicycle on the plane. Some flights may have lots of luggage so ringing ahead guarantees your bike some room.
- 2. On arrival at the airport drop your saddle down to it's lowest setting. Assuming your bike has quick release wheels you can now place all your tools in your check in luggage. Do not leave your tools in your carry on luggage. Apparently an Alan Key is a WMD these days ;)
- 3. Check your bags in as normal but tell the assistant you wish to bring a bike on board also. They will print off an extra luggage sticker for you.
- 4. Let 85% of the air out of your tyres. Leave some air in to avoid pinch punctures as the

bike is rolled around by the baggage handlers.

- 5. Remove the front wheel and lock or tie it to the bike with the handle bars at right angles to the frame.
- 6. Roll the bike into a large bag (such as a mattress cover). The bag is essential to avoid hassle from the baggage handlers and security folks who don't want oil on their hands. You might want some sellotape to secure the open end of the bag.
- 7. Goto the excess luggage counter and pay 20euro for the carriage of your bike. Or not ;)
- 8. Place the baggage sticker on your bike bag.
- 9. Goto the security area for excess baggage to have your bike X-rayed.
- 10. Your bike will now be taken aboard the plane and you will see it at your destination.
- 11. Keep your eyes open at your destination airport. Your bike could appear anywhere, it won't necessarily end up on the carousel.

3. Cavtat (South of Dubrovnik, Croatia) to Triblinje (Bosnia Herzegovina)

Route: [Cavtat to Triblinje](#)

Distance: 88Km Round Trip

Road Quality: Excellent the whole way. The road meanders up the mountains towards the border. The incline is not too steep but is long and consistent.

Time Required: 5 hours including a few decend 10minute breaks

Notes: Passport is required

[Facts & Figures](#)

4. Cavtat (South of Dubrovnik, Croatia) to Igalo (Serbia and Montenegro)

Route: [Cavtat to Igalo](#)

Distance: 58Km Round Trip

Road Quality: Excellent with the exception of the new passport control areas which are under construction. The road is very flat until you get to the border where there is a 7% incline followed by an 8% decline towards Igalo.

Time Required: 3.5 hours including a long break in Igalo.

Notes: Passport is required.

[Facts & Figures](#)

5. Cavtat (Croatia) to Dubrovnik (Croatia)

Route: [Cavtat to Dubrovnik](#)

Distance: 40Km Round Trip

Road Quality: Narrow but with good surfaces. It can be a bit daunting at first as the road is quite busy especially as your approach Dubrovnik.

Time Required: 2 hours.

Notes: Watch out for large busses that try to kill you ;)

[Facts & Figures](#)

6. Munich (South Germany) to Dachau Concentration Camp(South Germany)

Route: [Munich to Dachau Concentration Camp](#)

Distance: 40Km Round Trip

Road Quality: Excellent roads and a number of cycle tracks. The cycle tracks have very good signage and will lead you to Dachau centre. Once in the centre look out for the

"KZ-Gedenkstätte Dachau" signs which lead you to the camp. The signs can be hard to find.

Time Required: Can't remember!

Notes: Colourful cycling attire isn't recommended for this trip!

[Facts & Figures](#)